Dear Middle School Parents:

As we enter our first full week away from campus and prepare for distance learning with our students, I hope you are taking good care of yourselves and your families. I am aware that this dynamic and evolving situation, coupled with constant connectivity and a 24/7 news cycle, may trigger a variety of emotions in you and your children. As you know, my role at school is to provide social/emotional support to our students and families. This role continues even now while we are off campus for an extended period of time.

The best way to reach me is by sending an email to raltschuler@keyschool.org. I will respond promptly with a time for us to connect via phone or FaceTime. Please mention to your children that they, too, are welcome to reach out to me directly.

It is important to remember that children look to adults for guidance on how to react to stressful situations. Please don't hesitate to lean on me for support!

Warmly,

Randi Altschuler
Middle/Upper School Counselor