

Maryland State Management of Diabetes at School/Order Form

Student: _____

Blood Glucose Monitoring:
Target range for blood glucose monitoring at school: _____
 Before snacks 2 hours or _____ hours after lunch
 Before meals 2 hours or _____ hours after a correction dose
 As needed for symptoms of hypo/hyperglycemia
 With signs and symptoms of illness
 Other times: _____

Hypoglycemia – blood glucose less than _____
 Self treatment for mild lows.
 Give _____ grams of fast-acting carbohydrate according to care plan. Recheck BG in 10-15 mins. Repeat treatment if BG less than ____mg/dl
 Provide extra protein & carbohydrate snack after treating low if next meal/snack greater than _____ minutes away
 Suspend pump for severe hypoglycemia for _____ mins.

If student is unconscious, having a seizure or unable to swallow, presume student is having a low blood sugar and:
Call 911, notify parent
 Glucagon injection (1 mg in 1 cc) _____ mg, subcutaneously or intramuscular (IM)
 OK to use glucose gel inside cheek, even if unconscious, seizing.
 Other: _____

Hyperglycemia – blood glucose greater than _____
 Check urine ketones, follow care plan, administer insulin as per orders. For pumps, insulin may be given by syringe or pen if needed.
 Encourage sugar free fluids, at least _____ ounces per _____.
 If student complains of nausea, vomiting or abdominal pain; check urine ketones & check insulin administration orders.
 Other: _____
 * Transport to local Emergency Room may be needed with vomiting and large ketones.

Meal Plan
 AM snack, time: _____ PM snack time: _____ Avoid snack if blood glucose greater than _____ mg/dl.
 Lunch: _____
 Extra food allowed; Parent's discretion; Student's discretion

Exercise (check and/or complete all that apply)
 Fast-acting carbohydrate source must be available before, during and after all exercise.
 With student With teacher
 If most recent blood glucose is less than _____, exercise can occur when blood glucose is corrected and above _____.
 Eat _____ grams of carbohydrate Before Every 30 mins during After vigorous exercise
 Avoid exercise when blood glucose is greater than _____ or ketones are _____

Bus Transportation
 Blood glucose monitoring not required prior to boarding bus
 Check blood glucose 15 minutes prior to boarding bus
 Allow student to eat on bus if having symptoms of low blood glucose
 Provide care as follows: _____

Health Care Provider Assessment
 Student can self-perform the following procedures (school nurse and parent must verify competency):
 Blood glucose monitoring Measuring insulin Injecting insulin Determining insulin dose
 Independently operating insulin pump
 Other: _____

Disaster Plan (if needed for lockdown, 24 hr shelter in place):
 Follow insulin orders as on Management Form
 Additional insulin orders as follows: _____
 Administer long acting insulin as follows: _____
 Other: _____

Other instructions:

Health Care Providers Signature: _____ Phone: _____ Date: _____
 Parent's Signature: _____ Phone: _____ Date: _____

Order reviewed by School Nurse (per local policy): _____ Date: _____